

## CBCT for PTSD Services Information Form

### **Details for Achieving Quality-Rated Provider Status:**

- a. Attendance of a foundational workshop
- \*b. Participation in 7.5 hours of individual tele-consultation sessions or 15 hours of group tele-consultation sessions
- c. Completion of the protocol with 2 cases/groups
- \*\*d. Successful Rating of 2 audio-recorded sessions for fidelity monitoring by expert reviewers

### **Details and cost of services:**

#### ***\*Tele-consultation Calls:***

The CBCT for PTSD consultation calls provide a one-on-one or group opportunity to seek consultation from a CBCT for PTSD consultant on use of the protocol. The calls are designed to promote confidence and competence in selecting cases for the intervention, trouble-shooting assessment, and delivering the CBCT for PTSD protocol with fidelity. Individuals must complete 7.5 hours of one-on-one consultation calls or 18 hours of group consultation calls.

Individual Cost: 7.5 hours (which can be used in 15 (30-minute) calls) is \$1,900

Group Cost (a group consists of a maximum of 8 individuals): 18 hours (1-hour calls) is \$7,000 (approximately \$875 per person). In order to achieve quality-provider status, each individual in the group must attend at least 15 out of the 18 calls.

NOTE: The consultation provided on these calls does NOT constitute supervision; the feedback from the trainer and other participants is consultative only. Participants in supervised practice are ultimately practicing under the auspices of their supervisor's license and not the licenses of the CBCT for PTSD trainer or other participants. Participation on a call for the purposes of credentialing is attending for at least 50 minutes. Any time spent on a call will be considered attendance for payment purposes.

#### ***\*\*Treatment Fidelity Review:***

The CBCT for PTSD team provides review of therapy tapes for fidelity to the treatment model. This involves participants sending audio-recorded therapy sessions in a privacy-protected manner either electronically or by tracked mailing method to a trainer. The trainer will review the recording for 1) adherence to the prescribed and proscribed elements of the treatment (based on session delivered) and 2) competence in delivering these elements. The essential elements of effective psychotherapy will also be reviewed (e.g., empathy, warmth, genuineness). The trainer will send written feedback via email. It is our goal to provide feedback in a supportive and constructive manner. In order to achieve quality-rated provider status, 2 sessions needs to receive a satisfactory rating.

Individual Cost: \$300 per reviewed session

Group Cost (a group consists of a maximum of 8 individuals): \$250 per reviewed session per person

*\*additional rating costs will be charged if trainee does not successfully pass the fidelity monitoring)*

NOTE: Patients being audio-recorded need to provide consent for this review. If quality-rated provider status in the model is desired, the team will provide guidance on the sessions to be sent and reviewed.

## CBCT for PTSD Services Order Form

**Please indicate the services that you would like to purchase:**

Individual Tele-consultation Calls (7.5 hours) = \$1,900.00

Group (up to 8 people) Tele-consultation Calls (18 hours) = \$7,000

Treatment Fidelity Review (per session) = \$300.00

Group (up to 8 people) Treatment Fidelity Review (per session) = \$250.00

<b>Services</b>	<b>Quantity</b>	<b>Total</b>
Individual Tele-consultation Calls (7.5 hours)		\$
Individual Treatment Fidelity Review (per session)		\$
Group Tele-consultation Calls (18 hours)		\$
Group Treatment Fidelity Review (per session)		\$
		<b>Overall Total: \$</b>

**Please indicate your method of payment:**

**Cheque:** \_\_\_

\*Cheque should be made payable to Dr. Candice Monson