## Couples Satisfaction Index (CSI-32)

1. Please indicate the degree of happiness, all things considered, of your relationship.

| Extremely | Fairly | A Little |  | Very | Extremely |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Unhappy | Unhappy | Unhappy | Happy | Happy | Happy | Perfect |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |

Most people have disagreements in their relationships. Please indicate below the approximate extent of agreement or disagreement between you and your partner for each item on the following list.

|  | Always Agree | Almost <br> Always <br> Agree |  | Occa- <br> sionally <br> Disagree | Frequently Disagree | Almost <br> Always <br> Disagree |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 2. Amount of time spent together | 5 | 4 |  | 3 | 2 | 1 |  |  |
| 3. Making major decisions | 5 | 4 |  | 3 | 2 | 1 |  |  |
| 4. Demonstrations of affection | 5 | 4 |  | 3 | 2 | 1 |  |  |
|  |  |  | All <br> the <br> time | Most of the time | More often than not | Occasionally | Rarely | Never |
| 5. In general, how often do you thi between you and your partner are | that thin ing well? |  | 5 | 4 | 3 | 2 | 1 | 0 |
| 6. How often do you wish you had relationship? | gotten in |  | 0 | 1 | 2 | 3 | 4 | 5 |


|  | Not at all TRUE | A little TRUE | Somewhat TRUE | Mostly TRUE | Almost Completely TRUE | Completely TRUE |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 7. I still feel a strong connection with my partner | 0 | 1 | 2 | 3 | 4 | 5 |
| 8. If I had my life to live over, I would marry (or live with / date) the same person | 0 | 1 | 2 | 3 | 4 | 5 |
| 9. Our relationship is strong | 0 | 1 | 2 | 3 | 4 | 5 |
| 10. I sometimes wonder if there is someone else out there for me | 5 | 4 | 3 | 2 | 1 | 0 |
| 11.My relationship with my partner makes me happy | 0 | 1 | 2 | 3 | 4 | 5 |
| 12.I have a warm and comfortable relationship with my partner | 0 | 1 | 2 | 3 | 4 | 5 |
| 13. I can't imagine ending my relationship with my partner | 0 | 1 | 2 | 3 | 4 | 5 |
| 14. I feel that I can confide in my partner about virtually anything | 0 | 1 | 2 | 3 | 4 | 5 |
| 15. I have had second thoughts about this relationship recently | 5 | 4 | 3 | 2 | 1 | 0 |
| 16. For me, my partner is the perfect romantic partner | 0 | 1 | 2 | 3 | 4 | 5 |
| 17. I really feel like part of a team with my partner | 0 | 1 | 2 | 3 | 4 | 5 |
| 18. I cannot imagine another person making me as happy as my partner does | 0 | 1 | 2 | 3 | 4 | 5 |


|  | Not <br> at all | A <br> little | Some- <br> what | Almost <br> Mostly <br> Completely | Completely |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| 19. How rewarding is your relationship with <br> your partner? <br> 20. How well does your partner meet your <br> needs? | $\mathbf{0}$ | $\mathbf{1}$ | $\mathbf{2}$ | $\mathbf{3}$ | $\mathbf{4}$ | $\mathbf{5}$ |
| 21. To what extent has your relationship met <br> your original expectations? <br> 22. In general, how satisfied are you with your <br> relationship? | $\mathbf{0}$ | $\mathbf{1}$ | $\mathbf{2}$ | $\mathbf{3}$ | $\mathbf{4}$ | $\mathbf{5}$ |

## Worse than all others Better than all others <br> (Extremely bad) (Extremely good)

23. How good is your relationship compared to most?
$\begin{array}{llllll}0 & 1 & 2 & 3 & 4 & 5\end{array}$
24. Do you enjoy your partner's company?
25. How often do you and your partner have fun together?

|  | Less than <br> once a | Once or <br> twice a <br> month | Once or <br> twice a <br> wever | Once <br> a day | More <br> often |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 0 | month | 1 | 2 | 3 | 4 |

For each of the following items, select the answer that best describes how you feel about your relationship. Base your responses on your first impressions and immediate feelings about the item.

| 26. | INTERESTING | 5 | $\mathbf{4}$ | 3 | 2 | 1 | 0 | BORING |
| :--- | ---: | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| 27. | BAD | 0 | 1 | 2 | 3 | 4 | 5 | GOOD |
| 28. | FULL | 5 | 4 | 3 | 2 | 1 | 0 | EMPTY |
| 29. | LONELY | 0 | 1 | 2 | 3 | 4 | 5 | FRIENDLY |
| 30. | STURDY | 5 | 4 | 3 | 2 | 1 | 0 | FRAGILE |
| 31. | DISCOURAGING | 0 | 1 | 2 | 3 | 4 | 5 | HOPEFUL |
| 32. | ENJ OYABLE | 5 | 4 | 3 | 2 | 1 | 0 | MISERABLE |

