Cognitive-Behavioral Conjoint Therapy for Posttraumatic Stress Disorder (CBCT for PTSD): Therapist Adherence and Competence Protocol

Therapist: _____ Recording Type: _____

Couple ID #: _____ Rater: _____ Rating Date: _____

Instructions:

Adherence: For each item, assess **if the therapist demonstrated the particular behavior** described in the item. If so, check the box next to the item. For example, in session 1, item 1, if the therapist administered the Patient and Partner versions of PCL and Relationship Happiness, the rated item would look like:

☒ ☐ 1. Therapist administered the Patient and Partner versions of PCL and Relationship Happiness.

Competence: For each item, assess **how well the therapist carried out the particular behavior** described in the item. Use the rating scale described below to assign a number in the second box next to the item. For example, in session 1, item 4, if you think the therapist did a barely adequate job in providing an overview of the treatment format, then you would assign the number 2 on the second line next to the item. The rated item would now look like:

☒ 2 1. Therapist provided an overview of the treatment format.

Rating Scale for Assessing Competence:

1	2	3	4	5	6	7
Poor	Barely Adequate	Mediocre	Satis-factory	Good	Very Good	Excellent

Please don't leave any items blank. For all items assess therapist competency, taking into account the couple's presenting problems, their difficulty level, and the stage of therapy.
Use N/A for Not Applicable ratings of Adherence/Competence.